

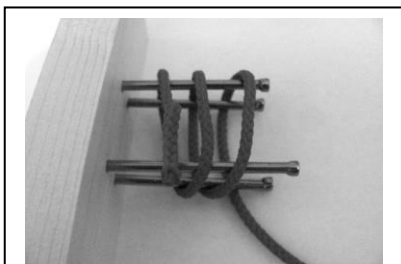
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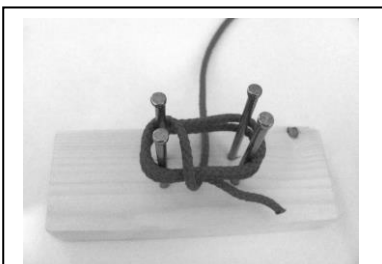


Monkeys Fist Key Ring Project

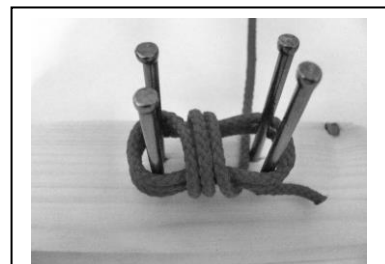
Original By
Howard Denyer



Lay the former on its side and place the cord over the short side of the nails, and rap the cord round 3 times, (East/ West) from the base upwards



Then bring the cord round the nails at the start towards you and then rap 3 times (North / South) away from the nails you have started at.



On the 4th rap take the cord down inside the East/ West coil and turn at the bottom towards the start nails to form another coil on the inside of the East/ West coil but at right angles to the North/South coil



Make three turns and carefully take the knot off the nails



Insert the marble into the hole were the cord exits the knot you can put your little finger in the hole to make it bigger being careful not to let the coils get out of position.



Find the start end and tighten up the coil leaving 5mm poking out, go right round the knot taking the slack up and positioning the coils to hide the marble making sure that the coils lay flat and are not overridden.



When you have completed this, pull the end to trap it under a bridge and follow the coil taking slack up all the way back through the knot until you are at the other end. Trap this end under a bridge then go around again with the slack and end up with all the slack on the middle coil of the knot.

Well Done You Have made your First Monkeys Fist Key Ring